



# **GROW GUIDE**

STEAMBOAT ROCK BAPTIST CHURCH

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## SRBC Spiritual Growth Assessment

Thanks for taking the time to pursue this spiritual growth assessment. This is one possible tool that can aid you in deciding what next step(s) to take as a part of your spiritual growth pathway.

Growth can and should be measurable, but that requires time, effort, and honesty. Please answer these questions where you see yourself at today, not your future desired outcome. 😊 As you complete the assessment, avoid rushing. Listen for God's voice to encourage and challenge you. These questions are not meant to bring judgment from others or shame; rather, this tool is designed to help you experience some next steps that will continue to help you Follow Jesus...Further!

Fill this assessment out on your own. If the results are unclear or if you would like another perspective, have a close, trusted friend fill it out for you. Use the scale below to respond to each statement.

1	2	3	4	5
Doesn't Describe Me		Partially Describes Me		Describes Me

- 1.) \_\_\_\_\_ I experience life change as a result of my worship experiences.
- 2.) \_\_\_\_\_ When making choices, I seek God's guidance first.
- 3.) \_\_\_\_\_ I look forward to and practice a regular devotional time with Jesus most days.
- 4.) \_\_\_\_\_ My prayers to God include thanksgiving, praise, confession, and requests.
- 5.) \_\_\_\_\_ My relationship with Jesus is motivated more by love than duty or fear.
- 6.) \_\_\_\_\_ I engage in daily prayer time.
- 7.) \_\_\_\_\_ I maintain an active sensitivity to God's presence in my life.
- 8.) \_\_\_\_\_ Attending a weekly worship service takes priority in my schedule.
- 9.) \_\_\_\_\_ I place the interest of others above my self-interest.
- 10.) \_\_\_\_\_ I allow other Christians to hold me accountable for spiritual growth.
- 11.) \_\_\_\_\_ My time commitments demonstrate that I value relationships over work/career/hobbies.
- 12.) \_\_\_\_\_ I am connected in accountable and loving relationships with other believers (small group, etc.).
- 13.) \_\_\_\_\_ I have and make space for friendships with believers outside of church activities.
- 14.) \_\_\_\_\_ When there are problems in my relationship with others, I seek to resolve them.
- 15.) \_\_\_\_\_ I regularly read and study my Bible, which guides me in the way I think and act.
- 16.) \_\_\_\_\_ I can answer questions about life from a biblical perspective.
- 17.) \_\_\_\_\_ I understand key doctrines of the faith like the Trinity, Eternity, Church, Salvation, etc.
- 18.) \_\_\_\_\_ I trust God to answer when I pray and wait patiently for His timing.
- 19.) \_\_\_\_\_ I remain confident of God's love and provision during difficult times.
- 20.) \_\_\_\_\_ I devote time every month to memorizing Scripture.
- 21.) \_\_\_\_\_ I am more concerned about what God thinks of me than what others think of me.
- 22.) \_\_\_\_\_ I demonstrate honesty and integrity in my actions and conversations.
- 23.) \_\_\_\_\_ When the Bible exposes an area of my life needing change, I respond to make things right.
- 24.) \_\_\_\_\_ Peace, joy and contentment characterize my life rather than worry or anxiety.
- 25.) \_\_\_\_\_ I forgive others when their actions harm me.
- 26.) \_\_\_\_\_ I have a teachable spirit and positively receive instruction and correction.
- 27.) \_\_\_\_\_ I seek to live in harmony with other members of my family.
- 28.) \_\_\_\_\_ I spend a good amount of quantity and quality time with my family (spouse/kids).  
*(please fill in a 5 if you are single).*

- 29.) \_\_\_\_\_ I understand my spiritual gift(s) and use those gifts to serve others.
- 30.) \_\_\_\_\_ I sacrificially contribute my finances by tithing to my church.
- 31.) \_\_\_\_\_ Meeting the needs of others provides a sense of purpose in my life.
- 32.) \_\_\_\_\_ I help others identify ministry gifts and become involved in ministry.
- 33.) \_\_\_\_\_ I take care of my body and personal health, as a steward of God's creation.
- 34.) \_\_\_\_\_ I keep my schedule from becoming too full to be available to serve Jesus and others.
- 35.) \_\_\_\_\_ I am content with the money and material possessions I have.
- 36.) \_\_\_\_\_ I live a lifestyle free of addictions (whether food, caffeine, tobacco, alcohol, chemical, etc.)
- 37.) \_\_\_\_\_ I am faithful in acting on the little things that God asks me to do.
- 38.) \_\_\_\_\_ I schedule time to serve Jesus and others.
- 39.) \_\_\_\_\_ I am open to going where God calls me to go and doing what God calls me to do.
- 40.) \_\_\_\_\_ I view my work/job as serving Jesus.
- 41.) \_\_\_\_\_ I give beyond my tithe to missions or other ministries outside my church.
- 42.) \_\_\_\_\_ I have a good knowledge and understanding of the biblical principles of being a good steward.
- 43.) \_\_\_\_\_ I intentionally build and maintain relationships with non-believers.
- 44.) \_\_\_\_\_ I regularly pray for non-believers I know to receive Jesus as Savior in their lives.
- 45.) \_\_\_\_\_ I am always trying to learn more about the culture that I live in.
- 46.) \_\_\_\_\_ I demonstrate compassion towards people who are not connected with Jesus.
- 47.) \_\_\_\_\_ I make my faith known through my actions to my neighbors, family, and coworkers.
- 48.) \_\_\_\_\_ I go out of my way to show love to the people I meet.
- 49.) \_\_\_\_\_ I participate in local mission or community service projects.
- 50.) \_\_\_\_\_ I am prepared to share my testimony at any time.
- 51.) \_\_\_\_\_ I have a good understanding of other religions.
- 52.) \_\_\_\_\_ I share my faith with non-believers.
- 53.) \_\_\_\_\_ I am good at asking questions in a non-threatening way when discussing Jesus with non-believers.
- 54.) \_\_\_\_\_ I encourage other believers to share their faith with others.
- 55.) \_\_\_\_\_ I consciously look for ways to bring God into my normal daily conversations.
- 56.) \_\_\_\_\_ I invite friends and acquaintances to SRBC worship services and events.





# Next Steps

Now that you've completed your Spiritual Growth Assessment take some time to review your scores. If you feel that your scores are wrong or are ambiguous it's a good idea to share the assessment with a trusted Christian. Ask them if they'd be willing to fill out an assessment for you.

If you feel that your scores are reflective of your current spiritual walk, then it's time to create a Growth Plan. A Growth Plan is a 90-day commitment to focus on a Discipleship Pathway Area with aid of resources, spiritual disciplines, and Christian accountability. If you need help finding a resource or exercise that will strengthen the area you've selected then please look to the resource guide section.

It could be that you've exhausted all of the resources in a given level for an area. If that is the case feel free to look in the next level for resources or ask to meet with a Small Group Leader, Ministry Team Leader, or Pastor.



I want to follow Jesus further by \_\_\_\_\_  
\_\_\_\_\_.

I will practice \_\_\_\_\_  
\_\_\_\_\_.

I will use the following resource/s \_\_\_\_\_  
\_\_\_\_\_.

I will ask \_\_\_\_\_ to help me with this plan.

# CONNECT WITH JESUS & HIS CHURCH

## Connect with Jesus

### *First Steps*

- Visit with one of the pastors about how to accept Jesus into your life.
- Establish a Daily Quiet Time (for help see [www.navigators.org/resource/daily-quiet-time/](http://www.navigators.org/resource/daily-quiet-time/)).
- Read the book **Addicted to Hurry** by Kirk Byron Jones.

### *Next Steps*

- Use the Examen Prayer Card, Lectio 365 App, or Daily Prayer App to guide you in connecting with Jesus regularly.
- Retreat – Set aside 4-8 hours to retreat from the regular routines of life. Shut off digital media to be in a space of quiet reflection. Take this time to pray, read scripture, worship, or engage in other spiritual disciplines.
- Read **Celebration of Discipline** by Richard Foster. *Part 1 – The Inward Disciplines of Meditation, Prayer, Fasting, & Study.*
- Keep a 30-Day ACTS Prayer Journal .

### *Further*

- Read **Spiritual Disciplines Handbook** by Adele Calhoun.
- Scripture Study of Jesus' engagement with **Spiritual Disciplines** in Luke.
  - Prayer – Luke 11:1-13
  - Fasting – Luke 4:1-14
  - Solitude – Luke 5:15-16
  - Scripture Reading – Luke 2:41-50
- Try fasting from food for one meal or one day and focus on praying instead.
- Try 7 for 7 fast (Restrict diet to 7 foods for 7 days).

## Connect with Jesus' Church

### *First Steps*

- Take the *SRBC Next Steps Class*.
- Read **Why Should I Join a Church** – Mark Dever and IX Marks (Church has copies).
- Attend Sunday worship in person for four (4) consecutive weeks.

### *Next Steps*

- Get Baptized and become a member of SRBC.
- Read **Celebration of Discipline** by Richard Foster. *Part 3 – The Corporate Disciplines of Confession, Worship, Guidance, Celebration*.
- Participate in a Pathway Classes.
- Participate in 3 on 3 Hospitality.
- Join a small group.

### *Further*

- Read **How Can I Find Someone to Disciple Me?** – J. Garrett Kell and IX Marks.
- Read **Desiring the Kingdom** by James K.A. Smith.
- Engage in a mentoring relationship.

# GROW MORE LIKE JESUS IN FAITH & CHARACTER

## Grow More Like Jesus in Faith

### ***First Steps***

- Get a Bible or download the *YouVersion App* and read through the Gospel of John.
- Reread the passages from the Sunday sermon and weekly sermon notes.
- Watch and study Benjamin Windle's study title, "How to Read and Study the Bible for Yourself", RightNow Media.
- Watch and study Francis Chan's, "BASIC Series..." RightNow Media.
- Watch and study "Just Ask" by J.D. Greear (Prayer), RightNow Media.
- Watch and study "The Lord's Prayer" by Laurie Short, RightNow Media.

### ***Next Steps***

- Read **How to Read the Bible for All Its Worth** by Gordon Fee & Douglas Stuart.
- Read **Celebration of Discipline** by Richard Foster.
- Read articles relating to the What, How, Why, When, etc. of Spiritual Disciplines <https://mintools.com/spiritual-growth-resources.htm>.
- Read and study Village Church's study on "Six Ways to Grow in Godliness", RightNow Media.
- Watch and study Francis Chan's study titled "Doctrine," RightNow Media.
- Parents read **Habits of the Household: Practicing the Story of God in Everyday Family Rhythms** by Justin Whitmel Earley.
- Get plugged into weekly Pathway classes for further Bible study.
- Watch and study "Whisper" by Mark Batterson (Prayer-listening), RightNow Media.
- Watch and study "The Good Book" by Kyle Idleman (The Bible), RightNow Media.

### ***Further***

- Watch and study Chip Ingram's "The Invisible War" (Spiritual Warfare), RightNow Media.
- Evaluate which doctrine you could use more study in and pursue a Bible study on that doctrine.
- Lead a Bible study at church or with friends on a select doctrine of the faith.  
ie., God/Trinity, Eternity, Church, Humanity, Bible, Salvation, etc.
- Read **Radical** by David Platt.
- Read **The Attributes of God Vol. 1** by A.W. Tozer.
- Read **The Attributes of God Vol. 2** by A.W. Tozer.
- Read through the Bible in a Year.
- Read through the Bible Chronologically.
- Lead a Bible study in your Small Group, Pathway Class or with a group of friends/neighbors.
- Watch and study "The Lectio Course" by Pete Greig (Bible Study), RightNow Media.
- Watch and study "Forgotten God" by Francis Chan (Doctrine of the Holy Spirit), RightNow Media.



## Grow More Like Jesus in Character

### ***First Steps***

- Commit to reading a morning devotional.
- On the Bible App (many plans available) or **New Morning Mercies** by Paul David Tripp.
- Memorize one or more of the following Bible passages: Philippians 4:8, I Corinthians 15:33, Proverbs 10:9, Galatians 5:22-23.
- Parents: Read **Parenting: The 14 Gospel Principles That Can Radically Change Your Family** by Paul David Tripp.
- Read **Crazy Love** by Francis Chan.
- Watch and study “Doing Good - The Book of Titus” by Chip Ingram, RightNow Media.

### ***Next Steps***

- Watch and study Derwin Gray’s “Holy Habits” study, RightNow Media.
- Memorize Ephesians 4:22-24.
- Memorize Romans 5:3-5.
- Memorize Psalm 25:21.
- Watch and study R.C. Sproul’s study titled, “Basic Training” RightNow Media.
- Read **Forgiving What You Can’t Forget: Discover How to Move On, Make Peace with Painful Memories, and Create a Life That’s Beautiful Again** by Lysa TerKeurst.
- Relationship: Practice forgiveness through prayer time and ultimately, seeking forgiveness from others.
- Pray for your enemies.
- Marriage: Read **Love & Respect** by Emerson Eggerichs.
- Read a book on Compassion.
- Read **Everybody, Always** by Bob Goff.
- Watch and study “The Work Exchange: 6 Life-Changing Strategies for Empowering Your Work” by Jim Woodward, RightNow Media.
- Parents: Watch and study “Grace Based Parenting 2-Building Character” by Tim Kimmel, RightNow Media.
- Watch and study “Uprising” by Erwin McManus (Character formation), RightNow Media.

### ***Further***

- Watch and study Chip Ingram’s “Good to Great in God’s Eyes,” RightNow Media.
- Do the **Experiencing God** Bible Study by Henry & Richard Blackaby as a self-study or group study.
- Marriage: Read **Sacred Marriage** by Gary Thomas.
- Memorize Colossians 3.
- Read **Humility: The Beauty of Holiness** by Andrew Murray (Humility).
- Read **Suffering and Joy** by Henry Nouwen (Joy).
- Watch and study “Ultimate Authority” by Matt Chandler (Submission/Authority), RightNow Media.
- Read **The Christ Centered Company: 37 Biblical Business Habits to Build a Thriving Company that Honors God and Blesses the World** by Darren Shearer.

# SERVE JESUS AND OTHERS

## *First Steps*

- Read **How Can I Serve My Church?** by Matthew Emadi.
- Join a one-time serve opportunity or start regular service (youth, children, hospitality).
- Memorize Mark 10:45, Hebrews 6:10, Colossians 3:17.
- Study Gospel of Mark taking special note of how Jesus serves others.
- Watch and study “Work as Worship” by Nona Jones, RightNow Media.

## *Next Steps*

- Read **Why Should I Give to My Church?** by Jamie Dunlop.
- Serve in an Area, church and/or community, of Gifting and Passion.
- Memorize Proverbs 19:17, 1 Peter 4:10, Philippians 2:4.
- Find ways to serve people in your circle of influence.
- Study The Gospel of Matthew taking note of how Jesus serves others.
- Watch and study “Work as Worship” by J.D. Greear, RightNow Media.

## *Further*

- Read **The Call** by Os Guinness.
- Seek leadership opportunities in a ministry or community organization.
- Memorize Matthew 5:42, Acts 20:35, or Luke 6:35.
- Invite another person to serve with you.
- Study The book of Acts and note how the disciples carry on Jesus’ serving ministry.
- Watch “Work as Worship Retreat” any year would be great, RightNow Media.

# GO SHOW JESUS' LOVE & SHARE JESUS' STORY

## Show Jesus' Love

### *First Steps*

- Pray for my neighbors.
- Pray for a missionary.
- Participate in a **GO! Day** with our church congregation .
- Participate in a **GO! Project** with my Small Group

### *Next Steps*

- Get to know my neighbors and their needs and prayer requests, watch “The Art of Neighboring,” by Dave Runyon RightNow Media.
- Prayer walk my neighborhood.
  - Pray for acquaintances at work or for family members who have not decided to follow Jesus.
- Pray for a mission field or fields around the world.
- Host a “**GO!**Party” to build relationships with neighbors or coworkers or other groups I have a connection with.
- Support the mission work of our church by giving financially.
- Organize a **GO!**Project for my Small Group.
- Get involved **GO!**Ministry- any local organization that does good, as a way to show Jesus' love.

### *Further*

- Start or lead a **GO!**Ministry - local organization that does good as a way to show Jesus' love.
- Support a missionary with financial support or committed prayer.
- Host a missionary in my home.
- Go on a mission trip. Study the history and culture of the area that you are going to.
- Learn a foreign language spoken by people around you.

# Share Jesus' Story

## ***First Steps***

- Understand the three-story approach to Evangelism – Your Story, Their Story, Jesus' Story.
- Write out your own faith story – 2 minute (paragraph), 5 minute (one page), and 30-minute version (five pages), <https://www.askaboutmyfaith.com/blogs/write-faith-story>.
- Share your faith story with a friend or family member.
- Download GodTools App from Cru to your phone and go through the training to use it to share Jesus' Story.
- Practice using GodTools App with another believer.

## ***Next Steps***

- Listen to other people's stories.  
<https://biblicalspirituality.org/wp-content/uploads/2011/02/Ten-questions-to-ask.pdf>.
- Practice using questions to lead conversations in a spiritual direction - Are you a church goer? Follow up with "Why?" or "Why not?" depending on their answer.
- How have you experienced God in your life?
- Learn about different faiths, their beliefs and worldviews to help reach them.
- Learn about different cults beliefs around us, Jehovah's Witnesses, Latter Day Saints, etc.  
<https://www.watchman.org/>
- Memorize verses to help you understand God's Story of faith (know the context around these verses):
  - God's goodness: Psalm 100:3; Romans 1:16-17
  - Our waywardness: Isaiah 53:6; Romans 3:23
  - Our predicament: Romans 6:23;
  - God's provision: Romans 5:8; 1 Peter 3:18
  - Our acceptance: Romans 10:9
  - Our assurance: John 5:24
- Learn three Bible stories about Jesus, listen to three stories from friends or neighbors, try to relate your story and God's story to their story.
- Pray for opportunities to share Jesus' story with others.
- Engage in spiritual conversations with others who may not or do not believe in Jesus –Ask the Questions.
- Share Jesus' story with three people in the next 90 days.

## ***FURTHER***

- Memorize verses you know in English in a foreign language to share with others.
- Learn how to better defend your faith with a primer in apologetics, "Tactics" Course by Gregory Koukl, RightNow Media.
- Lead one other person or a small group of people in an evangelistic study of the Gospel of John.  
<https://www.cru.org/content/dam/cru/train-and-grow/bible-studies/no-one-understands-jesus-study.pdf>
- Show another believer how to share their faith.
- Teach a class or lead a small group on Evangelism/Perhaps the Three Story Class from Youth For Christ  
[https://training.yfc.net/training/3story\\_training/4\\_hour\\_3story\\_training/](https://training.yfc.net/training/3story_training/4_hour_3story_training/).