

Radiate Youth Ministries Spiritual Growth Guide

Taking Steps to Follow Jesus...Further!



This guide is designed to help you accurately evaluate your current spiritual health and relationship with God. Ultimately our goal is to help you develop a godly life that is characterized by holiness and integrity. To do this, first fill out the assessment honestly and tally up the scores for each area on the last page. This will give you a gauge for some spiritual strengths and areas for growth.

Fill these questions out completely and honestly.

Be honest with yourself // Be honest with God // Respond accordingly

Connect with Jesus

1 = I'm Struggling! (Circle a Number) 10 = Doing GREAT!

1. I attend a weekly worship service at a church. 1 2 3 4 5 6 7 8 9 10
2. I have an active prayer life and regularly pray for myself and others. 1 2 3 4 5 6 7 8 9 10
3. I spend regular time reading God's words (the Bible) and can see that it's shaping the way I think and live. 1 2 3 4 5 6 7 8 9 10
4. When making choices, I often times seek what God wants me to do first. 1 2 3 4 5 6 7 8 9 10
5. I attend church and/or youth group because I want to grow in my faith and not just because I'm forced to go. 1 2 3 4 5 6 7 8 9 10
6. How I live my life shows that God is my highest priority. 1 2 3 4 5 6 7 8 9 10
7. I can say without a doubt that I'm a follower of Jesus (I believe he died for my sins and was raised to life again and I choose to live daily for Him). 1 2 3 4 5 6 7 8 9 10

Connect with Jesus' Church

8. I place the interests of others ahead of my own wants and desires. 1 2 3 4 5 6 7 8 9 10

9. I am honoring my parents by obeying what they ask, talking in a respectful way to them, and not lying to them.



10. This week, I have been intentional about spending time with my family/friends and not isolating myself.



11. I gather weekly with a group of other Christians for worship and connection.



12. I am not holding any bitterness, grudges, or unforgiveness towards anyone.



13. I do (or would) allow others to speak into my life if I was on the wrong path through making poor decisions.



14. When there are problems in my relationships with others, I try my best to resolve them.



Grow like Jesus in Faith

15. When I am sad or hurt, I do not complain but instead pray and trust that God is in control.



16. My family/household is full of joy and peace and is an enjoyable place to be.



17. I am more concerned what God thinks of me than what others think of me.



18. I have memorized several Bible verses this past year to help me grow in my faith.



19. I understand key doctrines in the Christian faith like the Trinity, Salvation, Eternity, and Grace vs. Works.



20. I am not holding any bitterness, grudges or unforgiveness towards anybody.



21. I trust God to answer my prayers when I pray.



Grow Like Jesus in Character

22. I am genuinely open and honest about who I am. I have no secrets.



23. I am quick to confess (to God and/or others) anything in my character that does not look or feel like Jesus.



24. I stay clear of listening to or participating in any gossip with other people.



25. I pursue habits that help me follow Jesus further and stay away from habits that don't.



26. I am honoring my parents by obeying what they ask, talking in a respectful way to them, and not lying to them.



27. I am the same person at school and with my friends as I am at home and at church.



28. I have a teachable spirit and positively receive instruction and correction.



Serve Jesus & Others

29. I use some of my time throughout the month to serve the church, youth group, or non-profit organization.



30. I understand my spiritual gift(s) and use those gifts to serve others.



31. I give away some of the money I get through working or allowance to a church or non-profit organization.



32. I am doing good at keeping a healthy diet, exercise, and sleep habits.



33. I view my job and/or life as a student as a way to serve God.



34. I am open to going where God calls me to go or doing what God calls me to do.



35. I use my spare time carefully in order to pursue wholesome activities and not waste time.



36. When I sense God wanting me to do something small, I follow through on that.



37. I live a lifestyle free of addictions— drugs, porn, caffeine, technology, etc.



38. Meeting the needs of others gives me a sense of purpose in my life.



39. I am content with the money and possessions I have.



40. I keep my schedule from becoming too full.



41. I pray about what I spend money on. People can tell that I spend my money wisely.



42. When I do serve, I do it for the right reasons and don't expect anything in return.



GO Show Jesus' Love

43. I intentionally build and maintain relationships with non-believers (people who are not Christians).



44. I regularly pray for non-believers that I know from my family, school, or friends to receive Jesus as their Savior in their lives.



45. I demonstrate compassion towards people who are not connected with Jesus.



46. Throughout the year, I participate in missions or community service projects.



47. My actions throughout the week at home, school, and work are positive and draw people to Jesus as opposed to the opposite.



48. I go out of my way to make others feel loved, appreciated, and encouraged.



49. I try not to give the impression that I am better than I am. I do not exaggerate or act prideful around others.



GO Share Jesus' Story

50. I have a good understanding of other religions.



51. I am prepared to share my faith story of how I came to follow Jesus at any time with others.



52. I share my faith with people who don't have their own relationship with Jesus.



53. I invite people I know to join me for church or youth group.



54. I look for ways to bring God into my normal daily conversations during the week.



55. I encourage my friends to share their faith with others.



56. I am good at asking questions in a non-threatening way when discussing Jesus with non-believing friends and family.



Self-Scoring Sheet for Spiritual Growth Assessment

Tally up your responses from the questions you answered above (answers ranged from 1-10 on each question). After totaling up each area, fill in the strengths/improvements list below.

<p><u>CONNECT</u> with Jesus</p> <p style="text-align: right;">Questions 1-7 Total Score: _____</p>

<p><u>CONNECT</u> with Jesus' Church</p> <p style="text-align: right;">Questions 8-14 Total Score: _____</p>
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<p><u>GROW</u> More Like Jesus in Faith</p> <p style="text-align: right;">Questions 15-21 Total Score: _____</p>
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<p><u>GROW</u> More Like Jesus in Character</p> <p style="text-align: right;">Questions 22-28 Total Score: _____</p>
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<p><u>SERVE</u> Jesus and Others</p> <p style="text-align: right;">Questions 29-42 Total Score ÷ 2: _____</p> <p><i>Because it's very hard to distinguish between serving Jesus and others, there were 14 questions in this section. To make things equal with other areas, please divide your total score in this section by 2.</i></p>
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<p><u>GO</u> Show Jesus' Love</p> <p style="text-align: right;">Questions 43-49 Total Score: _____</p>
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<p><u>GO</u> Share Jesus' Story</p> <p style="text-align: right;">Questions 50-56 Total Score: _____</p>
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Scores from Greatest Strengths to Areas for Most Improvement:

Score:	Discipleship Pathway Area <i>(Connect with Jesus, Serve Jesus & Others, etc.)</i>



Time to Make a Plan

Now that you've completed your Spiritual Growth Assessment, take some time to review your scores. If you feel that your scores are wrong or are all of the areas seem too close, it's a good idea to share the assessment with a trusted friend, parent, or small group leader. Ask them if they'd be willing to fill out an assessment for you.

If you feel that your scores match up pretty well with your current spiritual walk, then it's time to create a Growth Plan. A Growth Plan is a 90-day commitment to focus on one of the areas of the discipleship pathway – Connect, Grow, Serve, or Go. The important part is to make a specific plan that will help ensure you grow spiritually in the next 90 days!



The area of growth I want to focus on is: _____

Bible Reading Plan: _____

Other resources I plan to use: _____

Habits to Make or Break: _____

I could use some accountability (person's name): _____

I want to get baptized: _____ I would consider meeting with a mentor: _____

Name: _____

Start Date: _____

End of 90 Days Date: _____