Radiate Youth Ministries Spiritual Growth Guide

Taking Steps to Follow Jesus...Further!

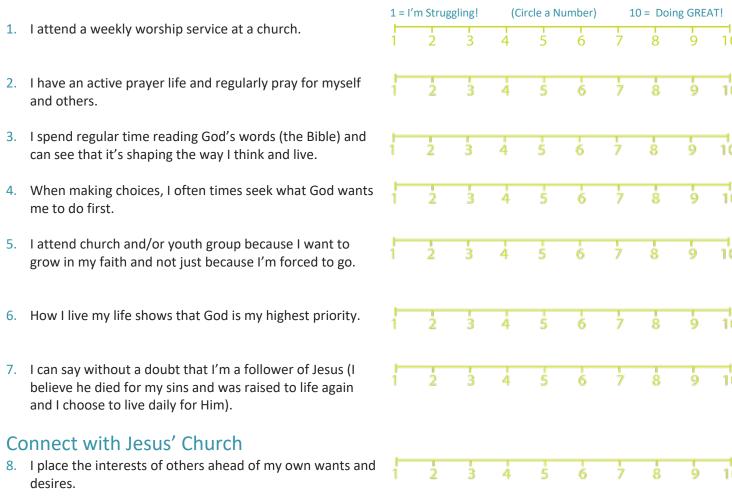


This guide is designed to help you accurately evaluate your current spiritual health and relationship with God. Ultimately our goal is to help you develop a godly life that is characterized by holiness and integrity. To do this, first fill out the assessment honestly and tally up the scores for each area on the last page. This will give you a gauge for some spiritual strengths and areas for growth.

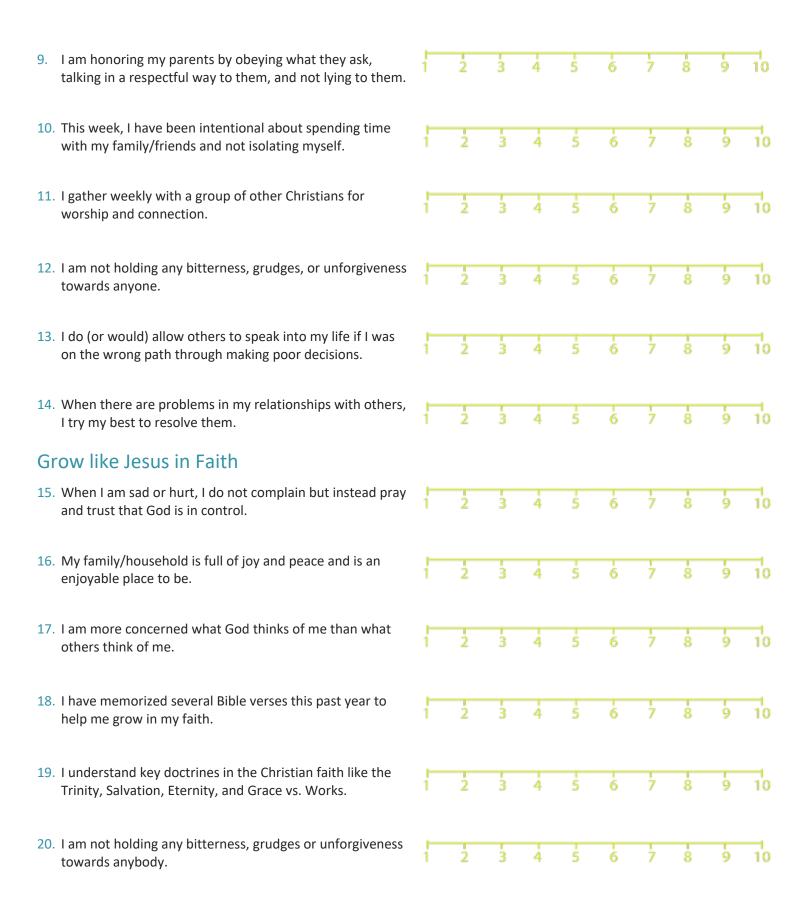
Fill these questions out completely and honestly.

Be honest with yourself // Be honest with God // Respond accordingly

Connect with Jesus









21. I trust God to answer my prayers when I pray. Grow Like Jesus in Character 22. I am genuinely open and honest about who I am. I have no secrets. 23. I am quick to confess (to God and/or others) anything in my character that does not look or feel like Jesus. 24. I stay clear of listening to or participating in any gossip with other people. 25. I pursue habits that help me follow Jesus further and stay away from habits that don't. 26. I am honoring my parents by obeying what they ask, ż 10 talking in a respectful way to them, and not lying to them. 27. I am the same person at school and with my friends as I am at home and at church. 28. I have a teachable spirit and positively receive instruction and correction. Serve Jesus & Others 29. I use some of my time throughout the month to serve the church, youth group, or non-profit organization. 30. I understand my spiritual gift(s) and use those gifts to serve others. 31. I give away some of the money I get through working or allowance to a church or non-profit organization. 32. I am doing good at keeping a healthy diet, exercise, and sleep habits. 33. I view my job and/or life as a student as a way to serve God.







46. Throughout the year, I participate in missions or community service projects.



47. My actions throughout the week at home, school, and work are positive and draw people to Jesus as opposed to the opposite.



48. I go out of my way to make others feel loved, appreciated, and encouraged.



49. I try not to give the impression that I am better than I am. I do not exaggerate or act prideful around others.



GO Share Jesus' Story

50. I have a good understanding of other religions.



51. I am prepared to share my faith story of how I came to follow Jesus at any time with others.



52. I share my faith with people who don't have their own relationship with Jesus.



53. I invite people I know to join me for church or youth group.



54. I look for ways to bring God into my normal daily conversations during the week.



55. I encourage my friends to share their faith with others.



56. I am good at asking questions in a non-threatening way when discussing Jesus with non-believing friends and family.





Self-Scoring Sheet for Spiritual Growth Assessment
Tally up your responses from the questions you answered above (answers ranged from 1-10 on each question). After totaling up each area, fill in the strengths/improvements list below.

	CONNECT with Jesus	
	Questions 1-7	Total Score:
	OONNEOT with James Observed	L
	<u>CONNECT</u> with Jesus' Churc	
	Questions 8-14	Total Score:
	GROW More Like Jesus in Fa	ith
	Questions 15-21	Total Score:
	GROW More Like Jesus in Cha	racter
	Questions 22-28	Total Score:
	Questions 22-26	Total Score.
	<u>SERVE</u> Jesus and Other	î\$
Questions 29-42 Total Score ÷ 2:		
Because it's very hard to distinguish between serving Jesus and others, there were 14		
questions in this section. To make things equal with other areas, please divide your		
•	total score in this section by 2	2.
GO Show Jesus' Love		
	Questions 43-49	Total Score:
	GO Share Jesus' Story	
•		Total Colores
	Questions 50-56	Total Score:
S	cores from Greatest Strengths to Areas fo	r Most Improvement:
Score:	Discipleship Pathway Area (Connect with Jesus	, Serve Jesus & Others, etc.)



Time to Make a Plan

Now that you've completed your Spiritual Growth Assessment, take some time to review your scores. If you feel that your scores are wrong or are all of the areas seem too close, it's a good idea to share the assessment with a trusted friend, parent, or small group leader. Ask them if they'd be willing to fill out an assessment for you.

If you feel that your scores match up pretty well with your current spiritual walk, then it's time to create a <u>Growth Plan</u>. A Growth Plan is a 90-day commitment to focus on one of the areas of the discipleship pathway – Connect, Grow, Serve, or Go. The important part is to make a specific plan that will help ensure you grow spiritually in the next 90 days!



The area of growth I want to focus on is:			
Bible Reading Plan:			
Other resources I plan to use:			
Habits to Make or Break:			
I could use some accountability (person's name):			
I want to get baptized: I would consider meeting with a mentor:			
Name:			
Start Date: End of 90 Days Date:			

